

Organized by:



# Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2018

30 November – 2 December 2018 • Hong Kong

Pre-Congress Course A:  
Refresher Course

30 November

The Hong Kong Polytechnic University

Pre-Congress Course B:  
Cadaveric Sonoanatomy Workshop

30 November

The University of Hong Kong

Main Congress & Master Class

1 – 2 December

Regal Kowloon Hotel



## When Clinicians Meet Scientists

### Programme Highlights

- Cadaveric Sonoanatomy Workshop
- Refresher Course in RA PM MSK
- Masterclass Hands-on Workshop with Head to Toe Scan on Pathologies
- Town Hall Debates on Non-surgical Approaches of Knee Pain Management

Organized by:



### Important Dates:

Extended deadline for abstract submission:

**31 October 2018**

Notification of Acceptance:

**From 9 November 2018**

Deadline for Early-bird Registration:

**31 October 2018**

**Online registration is now available.**

### Invited Faculty

#### International Faculty

- Dr. David BONG (Spain) *Rheumatologist*
- Dr. Ke-vin CHANG (Taiwan) *Physiatrist*
- Dr. Jackie HO (Singapore) *Vascular Surgeon*
- Dr. Sang-hoon LEE (Korea) *Radiologist*
- Dr. Chih-peng LIN (Taiwan) *Anaesthesiologist/ Pain Medicine*
- Dr. James LINKLATER (Australia) *Radiologist*
- Dr. Philippe MACAIRE (Vietnam) *Anaesthesiologist/ Pain Medicine*
- Dr. Ingrid MÖLLER (Spain) *Rheumatologist*
- Prof. Dong-eon MOON (Korea) *Anaesthesiologist/ Pain Medicine*
- Dr. Philip PENG (Canada) *Anaesthesiologist/ Pain Medicine*
- Dr. George PITSIS (Australia) *Sports and Exercise Physician*
- Dr. Rajesh SINGH (Malaysia) *Orthopaedic Surgeon*

#### Local Faculty

- Ms. Mary CHU (Hong Kong) *Occupational Therapist*
- Dr. Carmen HO (Hong Kong) *Rheumatologist*
- Dr. Chun-hung KO (Hong Kong) *Rheumatologist*
- Dr. Sheung-wai LAW (Hong Kong) *Orthopaedic Surgeon*
- Dr. Gavin Ka-wing LEE (Hong Kong) *Rheumatologist*
- Dr. Ryan LEE (Hong Kong) *Radiologist*
- Dr. Carina LI (Hong Kong) *Anaesthesiologist/ Pain Medicine*
- Prof. Leonard LI (Hong Kong) *Physician*
- Ms. Ka-kit LIU (Hong Kong) *Sports Therapist*
- Dr. Windsor MAK (Hong Kong) *Neurologist*
- Ms. Sally POON (Hong Kong) *Dietitian*
- Dr. Koon-man SIEH (Hong Kong) *Orthopaedic Surgeon*
- Dr. C.H. TO (Hong Kong) *Rheumatologist*
- Dr. Andrew WAI (Hong Kong) *Radiologist*
- Dr. Priscilla WONG (Hong Kong) *Rheumatologist*
- Dr. Stella WONG (Hong Kong) *Rheumatologist*
- Mr. Wai-kin WONG (Hong Kong) *Everest Summitter and Certified Pose Method Specialist*
- Dr. Catherine YUEN (Hong Kong) *Rheumatologist*
- Dr. Carrel YU (Hong Kong) *Rheumatologist*
- Prof. Yong-ping ZHENG (Hong Kong) *Professor in Biomedical Engineering*

Please visit [www.mskuspm.org](http://www.mskuspm.org) for more information.



Enquiry:

Congress Secretariat c/o International Conference Consultants Ltd.

Tel: (852) 2559 9973 Fax: (852) 2547 9528 Email: mskuspm2018@icc.com.hk

Supporting Organizations:



Organized by:



# Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management (MSK US PM) 2018

When **Clinicians** Meet **Scientists**

## Cadaveric Sonoanatomy Workshop



### Venue and date

Date: 30 November 2018 (Friday)  
Time: 09:00 – 17:00 (Registration starts at 08:45)  
Venue: Surgical Skills Centre, 10/F Laboratory Block, School of Biomedical Sciences, The University of Hong Kong, Sassoon Road, Pokfulam

### Contents

1. Lectures and hands-on MSK ultrasound
  2. Hands-on workshops involving anatomy of joints, muscles, fascia, nerves and blood vessels and interventional techniques
  3. Comparison between MSK ultrasound scans and corresponding anatomy in cadaver
- All lectures and workshops will be in English

### Learning Objectives

- To deepen and to improve knowledge of anatomical perspective of musculoskeletal and vascular structures
- To gain hands-on experience in sonoanatomy
- To increase confidence in diagnostic ultrasonography

### Registration

- Registration is open to all MSK sonographers wanting to improve their sonoanatomy skills
- Maximum 36 participants (6 small group of 6 participants each)
- Registration includes Full day course with coffee and lunch
- Fee: HKD 6,000 (USD 800)

Please visit [www.mskuspm.org](http://www.mskuspm.org) to register online.

### Programme

Time	Programme	Speaker
08:45 – 09:00	Registration	
09:00 – 09:25	Lecture 1: Ankle Anatomy Made Easy	David BONG
09:25 – 09:50	Lecture 2: Wrist Pain Outside the Synovial Joint	Andrew WAI
09:50 – 10:10	Coffee break	
10:10 – 12:15	Workshop 1 (3 rotations)	All faculty
12:15 – 13:45	Lunch	
13:45 – 14:10	Lecture 3: Hip Pain Not from the Hip	Ingrid MOLLER
14:10 – 14:30	Coffee break	
14:30 – 16:45	Workshop 2 (3 rotations)	All faculty
16:45 – 17:00	Wrap up	All faculty

\* Programme is subject to change without prior notice.

### Workshop stations

Station 1: Hip/Ant Knee anatomy and scanning	Dr. Ingrid MOLLER (Spain), Dr. CH TO (Hong Kong), Dr. Catherine YUEN (Hong Kong)
Station 2: Post Knee/ankle anatomy and scanning	Dr. David BONG (Spain), Dr. Stella WONG (Hong Kong), Dr. Carrel YU (Hong Kong)
Station 3: Upper limb anatomy and scanning	Dr. Rajesh SINGH (Malaysia), Dr. Gavin Ka-wing LEE (Hong Kong)
Station 4: Spine anatomy and scanning	Prof. Dong-eon MOON (Korea), Dr. Koon-man SIEH (Hong Kong)
Station 5: Neurovascular systems	A/Prof. Jackie HO (Singapore), Dr. Philip PENG (Canada)
Station 6: US Guided Intervention	Dr. Carmen HO (Hong Kong), Dr. Priscilla WONG (Hong Kong)

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for more information.



# Multidisciplinary Musculoskeletal Ultrasound Symposium on Pain Management (MSK US PM 2018)

30 November - 2 December 2018

Pre-Congress Course A	Pre-Congress Course B	Main Congress & Mater Class
30 November 2018 The Hong Kong Polytechnic University	30 November 2018 The University of Hong Kong	1-2 December 2018 Regal Kowloon Hotel

## REGISTRATION FORM

Please complete the form below and return it with the appropriate payment to:

**Congress Secretariat: International Conference Consultants Limited**

**Address: Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong**

Tel: (852) 2559 9973 Fax: (852) 2547 9528 Email: [muskupm2018@icc.com.hk](mailto:muskupm2018@icc.com.hk)

**You are advised to register online at <https://icc.eventsair.com/muskupm2018/reg>**

(Please type or print in block letters and "✓" where appropriate)

### (A) PERSONAL INFORMATION

\*Mandatory fields

Title\*:  Prof.  Dr.  Mr.  Mrs.  Ms.  Others, please specify: \_\_\_\_\_

Last Name\*: \_\_\_\_\_ First Name\*: \_\_\_\_\_

Position\*: \_\_\_\_\_ Department\*: \_\_\_\_\_

Specialty\*: \_\_\_\_\_ Hospital/Organization\*: \_\_\_\_\_

Country\*: \_\_\_\_\_ Address\*: \_\_\_\_\_

Tel\*: (\_\_\_\_\_) \_\_\_\_\_ Mobile Phone\*: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_

Email\*: \_\_\_\_\_ (Email is required for further communication.)

Pain Organization Membership Number: \_\_\_\_\_

Special meal requests:  Vegetarian  Pork-free  Beef-free  Others, please specify: \_\_\_\_\_

### (B) PRE-CONGRESS COURSES (30 NOVEMBER, FRIDAY) (Choose either one)

Registration Category	HKSMMP Member/ Member of Supporting Organizations	Non-member	Trainee/ Resident/ Student/ Allied Health <sup>^</sup>
Pre-Congress Course A: Refresher Course Time: 09:00 - 17:00	<input type="checkbox"/> HK\$800	<input type="checkbox"/> HK\$1,600	<input type="checkbox"/> HK\$800
Pre-Congress Course B: Cadaveric Sonoanatomy Workshop Time: 09:00 - 16:45	<input type="checkbox"/> HK\$6,000		
<b>SUB TOTAL (B)</b>	<b>HK\$: _____</b>		

I will register for Pre-Congress Course only

### (C) MAIN CONGRESS (1-2 DECEMBER, SATURDAY – SUNDAY)

Early Bird Deadline: 31 October 2018

Registration Category	HKSMMP Member/ Member of Supporting Organizations*		Non-member		Trainee/ Resident/ Student/ Allied Health <sup>^</sup>	
	Early Bird	Regular	Early Bird	Regular	Early Bird	Regular
Main Congress (1-2 Dec)	<input type="checkbox"/> HK\$1,500	<input type="checkbox"/> HK\$2,000	<input type="checkbox"/> HK\$2,000	<input type="checkbox"/> HK\$2,500	<input type="checkbox"/> HK\$1,000	<input type="checkbox"/> HK\$1,500
Main Congress & Master Class (1-2 Dec)	<input type="checkbox"/> HK\$3,800	<input type="checkbox"/> HK\$4,300	<input type="checkbox"/> HK\$4,800	<input type="checkbox"/> HK\$5,300	<input type="checkbox"/> HK\$3,200	<input type="checkbox"/> HK\$3,800
<b>SUB TOTAL (C)</b>	<b>HK\$: _____</b>					

\* Member Rate: The members of Hong Kong Society of Musculoskeletal Pain (HKSMMP), Thai Association for the Study of Pain (TASP), and Hong Kong Association of Rehabilitation Medicine can enjoy the member rate.

<sup>^</sup> E-copy of your (i) student ID card or (ii) Certifying Letter from your supervisor or Institution is required to qualify for "Trainee/ Resident/ Student/ Allied Health" fee.

Please refer to the official website, <http://www.muskupm.org/html/registration.html>, for the entitlements of each registration category and terms and conditions.

Last Name\*: \_\_\_\_\_ First Name\*: \_\_\_\_\_

**i) Master Class – Head to Toe Scan** (For delegates of Master Class ONLY.)

Maximum to choose 4 stations

	STATION NO.	TOPIC
<input type="checkbox"/>	Station 1	Cervical Nerve Roots and Brachial Plexus & Common Entrapment Sites
<input type="checkbox"/>	Station 2	Shoulder and Related Nerve
<input type="checkbox"/>	Station 3	Elbow and Wrist
<input type="checkbox"/>	Station 4	Truncal Pain - Thoracic Spinal, ESB, Paravertebral, TAP, Intercostal Nerve
<input type="checkbox"/>	Station 5	Hip and Perineal Pain (Posterior Hip) - Sacral Nerve Root, Pudendal Nerve, Piriformis
<input type="checkbox"/>	Station 6	Lumbar Plexus, Facets and Sacroiliac Joint
<input type="checkbox"/>	Station 7	Knee Dynamic Assessment
<input type="checkbox"/>	Station 8	Foot, Ankle and Calf Basic

**(D) WORKSHOPS (2 DECEMBER, SUNDAY)** (For delegates of Main Congress ONLY. Choose either one)

<b>Workshop (A): Sports Nutrition Workshop (40 pax)</b> Time: 11:00 – 12:30	<input type="checkbox"/> HK\$300
<b>Workshop (B): Spasticity Management WS: From Paediatric to Adult</b> Time: 11:00 – 12:30	<input type="checkbox"/> HK\$800
<b>Workshop (C): Pose Method Running</b> Time: 10:30 – 12:30	<input type="checkbox"/> HK\$200
<b>SUB TOTAL (D)</b>	<b>HK\$:</b> _____

**(E) SOCIAL FUNCTIONS (1 / 2 DECEMBER, SATURDAY / SUNDAY)**

<b>(i) Congress Dinner</b> Date & Time: 1 Dec, 18:30 – 21:30	<input type="checkbox"/> HK\$800
<b>(ii) Tai Chi Programme</b> Date & Time: 1 Dec, 07:00 – 07:45	<input type="checkbox"/> HK\$100
<b>(iii) Foam Roller Class</b> Date & Time: 1 Dec, 16:45 – 18:00	<input type="checkbox"/> HK\$200
<b>(iv) Painful experience of Everest Summit 2018</b> Date & Time: 1 Dec, 16:45 – 18:00	<input type="checkbox"/> Complimentary <input type="checkbox"/> Attend <input type="checkbox"/> Not Attend
<b>(v) Wing Chun Programme</b> Date & Time: 2 Dec, 07:30 – 08:30	<input type="checkbox"/> HK\$200
<b>(vi) Mindfulness Yoga</b> Date & Time: 2 Dec, 07:30 – 08:30	<input type="checkbox"/> HK\$200
<b>SUB TOTAL (E)</b>	<b>HK\$:</b> _____

Please provide Hotel Information to me.

**(E) PAYMENT DECLARATION**

I hereby agree to be bound by the rules and regulations of the Meeting and would like to settle the payment of (B+C+D+E) HK\$ \_\_\_\_\_ by:

- Cheque payable to "International Conference Consultants Limited" (for local participants only)
- Credit Card

\*The Congress Secretariat will send you an online payment link in a separate email.

**Terms and Conditions**

- Registration is subject to acceptance on a first come, first served basis.
- Written confirmation will be sent upon receipt of your registration form and full payment. If you are not able to receive the confirmation within two weeks, please contact the Congress Secretariat.
- Refund for cancellation of registration will be made and subject to the following deadline and administration charge. All cancellations must be made in writing to the Congress Secretariat and the refund will be made after the Congress. Cancellation on or before **31 October 2018**, 50% of the registration fee will be refunded. After **31 October 2018**, no refund will be made.
- A replacement or transfer is allowed provided the replacement is from the same organization and upon receipt of a written request from the person to be replaced. Please note that substitution is permitted on the basis that written notice is received on or before **31 October 2018**.
- The program is subject to change without prior notice. In the unlikely event of cancellation of the Congress, the only liability of the Organizers is to refund the registration fee. In case of any disputes, decision of the organizers shall be final and conclusive.
- Registration fees do not include insurance of any kind. It is recommended that participants take out their own general travel insurance. It is suggested that the insurance policy should also cover loss of fees/deposit, airfares, accommodation charges, medical expenses, loss or damage to personal property and repatriation expenses. The insurance should cover loss arising from the cancellation of the Congress by the organizers or a person's inability to attend due to any reason whatsoever. No responsibility is taken by the Congress organizers for any person not holding insurance.
- The participant recognizes and accepts that the Organizers of the MSK US PM 2018 collect, process and store personal data exclusively for processing registration to MSK US PM 2018 as well as for general preparation work for the Congress. It may be necessary to transfer your personal data to the organizers of another MSK US PM 2018. In this regard, you may object to such use at any time via email to [mskuspm2018@icc.com.hk](mailto:mskuspm2018@icc.com.hk).

I have read and understood the above terms and conditions associated with registration. I agree to the above Terms and Conditions.